

Lesson 5:

Time management

Savoury mince in lettuce cups

We are learning to:

- use seasonal vegetables to make a healthier food product
- use food preparation and cooking skills
- work together as a team
- manage time effectively
- evaluate a food product.

Success criteria: “I am successful when I can...”

- select seasonal vegetables to make a healthier mince dish
- dice and stir fry vegetables
- prepare and cook raw meat
- work with my team to make a healthier mince dish safely, within time constraints.



Evaluate the outcome:

What went well?

What did not go well?

What could be improved?