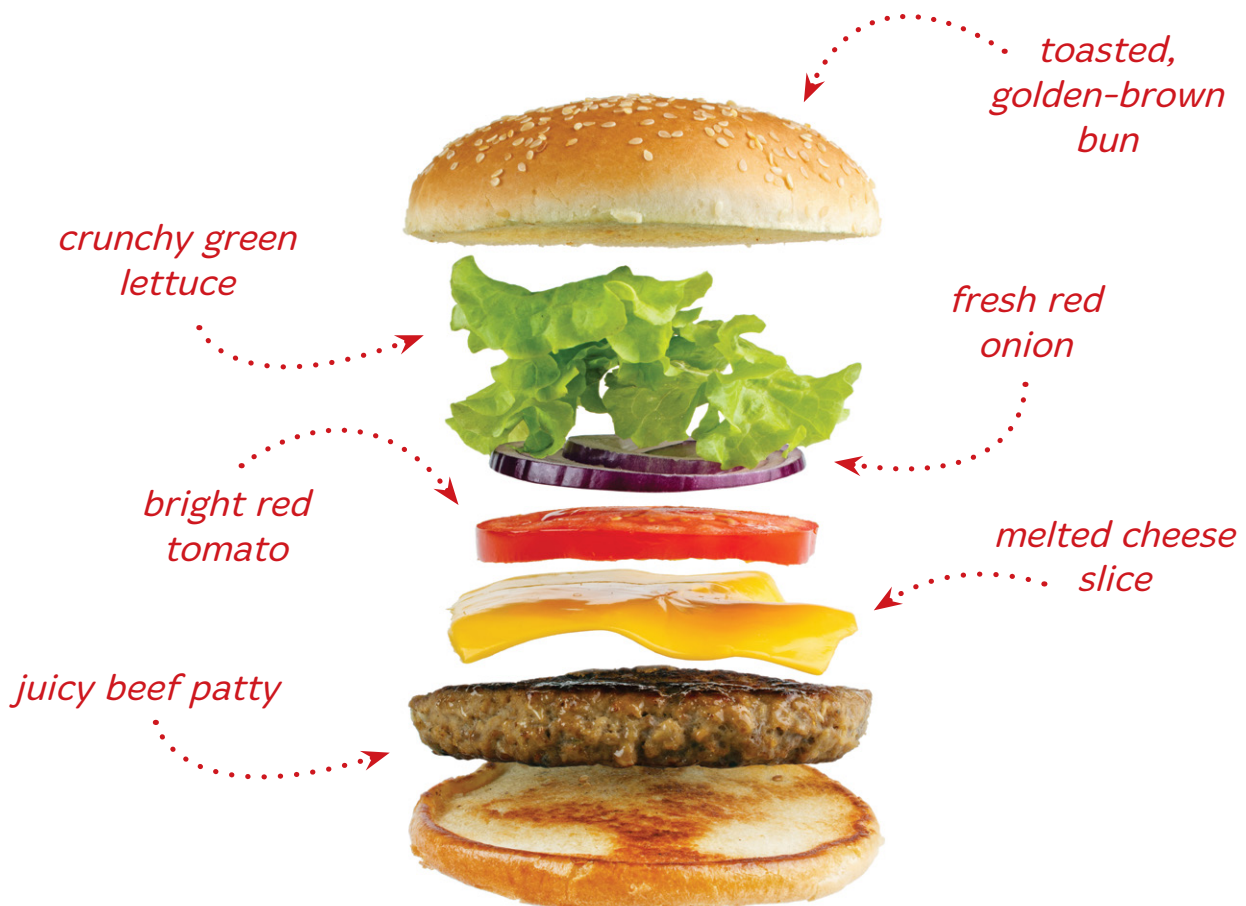


# Deconstructed burger

You may have heard the buzz-word 'deconstructed' in food descriptions, especially on cooking shows. It is when traditional recipes or food combinations are taken apart (deconstructed) and presented in a different way. It is a great way to generate ideas and create new food products! Today we are going to deconstruct a burger.

1 **Draw or paste** an image of the key parts of a burger, and then **label** each part.

**Hint:** use words to describe the attributes of each part.



2 **Brainstorm** different ways that you could present this food product so that:

- it looks *different* to a traditional burger
- it uses ALL the parts of a burger.

**Hint:** you may wish to use pictures, diagrams or cut-outs to help you explain your ideas.

**Burger patty on toast**

- Serve beef patty on top of wholegrain toast.
- Place each vegetable filling, e.g. sliced tomato, onion, cucumber, capsicum, spinach, separately on the plate.



**Burger salad**

- Use crunchy lettuce, fresh tomato, red onion, cucumber and mini burger patties to make a salad.
- Cut up bread buns, grill and toss in the salad like croutons.



**Ideas**



**Burger kebabs**

- Place burger patties on a skewer.
- Serve on top of grilled wholemeal wraps.
- Serve with vegetable fillings, e.g. lettuce, corn, tomato.

To **include an image digitally**, follow these steps:

1. Use a snipping or capture tool to copy your image.
2. Go to your PDF worksheet, click the location where you want to paste the image, and then click Paste (Ctrl+V).

To add notes digitally around the image, use drawing tools available to you.