Heart Foundation Resource Order Form

This order form contains items that can be ordered in hard copy. Please visit our online resources for access to digital copies of out-of-print items and free PDF versions.

Paying by credit card? We can only accept card payments on our website.

Order online now: www.heartfoundation.org.nz/resources

Important:

- **To place your order**, return your completed order form to one of the following options.
    - Email: **shop@heartfoundation.org.nz**
    - Post: Attn Resources, Heart Foundation, PO Box 17 160, Greenlane, Auckland 1546

- **Postage** - $10.50 **PER CARTON (A4 sized box)** Nationwide to cover postage and packaging charge. Allow up to two weeks for delivery

Order online instead and get access to repeat orders



Create an account during the checkout process and log into your account any time to repeat previous orders. Simply select the cart symbol in your dashboard. Pay using Visa or Mastercard.

Order online now: www.heartfoundation.org.nz

Please note: we can only accept credit card payments for orders placed on our website.

How to pay

To place your order, return your completed order form below by email: **shop@heartfoundation.org.nz** or by post: Attn Resources, Heart Foundation, PO Box 17 160, Greenlane, Auckland 1546

Sub-total *(as per charging policy)*	$ .....
Postage ***(Per carton, note that depending on your order you may require multiple cartons)***	$ 10.50 **(per carton)**
Your donation: The Heart Foundation is New Zealand's heart charity, leading the fight against our country's biggest killer – heart disease. We are committed to providing quality and accessible heart health information which is largely made available free of charge or at a nominal cost. Donations of any size towards the publishing of these resources would be greatly appreciated.	Yes! We would like to donate towards the ongoing development and supply of resources: $ .....
TOTAL	$ .....

Customer / Delivery Details

Date of order		**Customer Number :** **This is on the top right corner of your Invoices**	
Contact name		**Purchase or OrderReference**	
Organisation name			
Billing Address		**Shipping Address**	
Street		Street	
Suburb		Suburb / Town	
Postcode		Postcode	
Contact details - must be included so we can contact you with order related issues			
Phone		**Accounts Email Address to Email your Invoice to**	

Payment options (payment must accompany all orders)	**Select Option : Yes / No**
Invoice: (please ensure 'customer / delivery details' section above is filled out) **PLEASE PROVIDE YOUR ACCOUNTS EMAIL ADDRESS FOR US TO EMAIL YOUR INVOICE TO IF YOU NEED ONE**	

Heart Foundation Resource Order Form

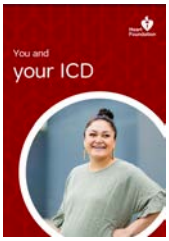
This order form contains items that can be ordered in hard copy. Please visit our online resources for access to digital copies of out-of-print items and free PDF versions.

Blood pressure resources:

Blood pressure	Name	Code	Free quantity limits and costs thereafter	Total Cost
	Managing high blood pressure	CAS026	Free for the first 100 (then $0.10 each)	
	Blood pressure - logbook	CAS052	Free for the first 100 (then $2.25 each)	
	Measure your blood pressure at home - A4 pad (50)	CAS053	Free for the first 10 (then $7.00 each)	

A5 PAMPHLETS	Name	Code	Quantity (Free limit = 50) **Unit cost** (after free limit) = **$0.10**	Total Cost
	Angina	CAS005	Free for first 25 (then $0.50 each)	
	Angina - ***CHINESE***	CAS005-CHI		
	Angina - ***HINDI***	CAS005-HIN		
	Angina - ***TE REO***	CAS005-TR		
	Angina - ***SAMOAN***	CAS005-SAM		
	Angina - ***TONGAN***	CAS005-TON		
	Angina - ***KOREAN***	CAS005-KOR	**OUT OF STOCK**	

	Managing high blood pressure - ***CHINESE***	CAS026-CHI	**OUT OF STOCK**	
	Managing high blood pressure - ***HINDI***	CAS026-HIN	**OUT OF STOCK**	
	Managing high blood pressure - ***KOREAN***	CAS026-KOR	**OUT OF STOCK**	
	Blood pressure - ***TE REO***	CAS006-TR		
	Blood pressure - ***SAMOAN***	CAS006-SAM		
	Blood pressure - ***TONGAN***	CAS006-TON	**OUT OF STOCK**	
	Cholesterol	CAS010		
	Cholesterol - ***CHINESE***	CAS010-CHI	**OUT OF STOCK**	
	Cholesterol - **HINDI**	CAS010-HIN	**OUT OF STOCK**	
	Cholesterol - ***KOREAN***	CAS010-KOR		
	Cholesterol - ***TE REO***	CAS010-TR		
	Cholesterol - ***SAMOAN***	CAS010-SAM		
	Cholesterol - ***TONGAN***	CAS010-TON		
	Diabetes	CAS012		
	Diabetes - ***CHINESE***	CAS012-CHI	**OUT OF STOCK**	
	Diabetes - ***KOREAN***	CAS012-KOR		
	Diabetes - ***TE REO***	CAS012-TR		
	Diabetes - ***SAMOAN***	CAS012-SAM		
	Diabetes - ***TONGAN***	CAS012-TON		
	Stop smoking	CAS034		
	Stop smoking - ***CHINESE***	CAS034-CHI	**OUT OF STOCK**	
	Stop smoking - ***HINDI***	CAS034-HIN		
	Stop smoking - ***KOREAN***	CAS034-KOR	**OUT OF STOCK**	
	Stop smoking - ***TE REO***	CAS034-TR		
	Stop smoking - ***SAMOAN***	CAS034-SAM	**OUT OF STOCK**	
	Stop smoking - ***TONGAN***	CAS034-TON		

	You and your ICD	CAS036		
	You and your pacemaker	CAS037	Free for the first 25, then $0.50 each	

EACH TEAR OFF PAD CONTAINS (50 SHEETS)	Name	Code	Quantity (free limit = 1) Unit cost (after free limit) =$1.00	Total Cost
	Mutton flaps food skills card **A4** - English	44225742	**OUT OF STOCK AND CURRENTLY UNDER REVIEW**	
	Simple steps for heart healthy eating - A5 pad (50)	PRE010		
	Simple steps for heart healthy eating (Te reo Māori) - A5 pad (50)	PRE010-TR		
	Pisupo food skills card **A4** - English	44225743	**OUT OF STOCK AND CURRENTLY UNDER REVIEW**	
	Povi food skills card **A4** - English	PRE015	**OUT OF STOCK AND CURRENTLY UNDER REVIEW**	
	Heart failure action plan - A4 pad (50)	CAS016	Free limit: 1 Unit cost after free limit: $7.00	

	Supporting your heart journey - A4 Pad (50)	CAS056	Free for first 1 (then $7.00 each)	

A5 BOOKLETS	Name	Code	Quantity (free limit = 25) **Unit cost** (after free limit) **= $0.50**	Total Cost
Note: 'Eating for a healthy heart' has a different costing system, and can be ordered from the table 'Other resources' (below).				
	A guide to coronary angiography and angioplasty	CAS001		
	A guide to coronary artery bypass graft surgery	CAS002		
	Living well after a heart attack	CAS024		
	Lowering your risk of heart attack and stroke	CAS025		
	Rheumatic fever and rheumatic heart disease	CAS028	**OUT OF STOCK AND CURRENTLY UNDER REVIEW**	
	Staying well with atrial fibrillation	CAS029		
	Staying well with heart failure	CAS030		
	Staying well with heart valve disease	CAS032		

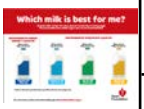
	Supporting someone with heart failure A5 booklet	CAS035		
	Heart failure daily checks record - A5 booklet	CAS015		
	Heart failure daily checks record - A5 booklet (CHINESE)	CAS015-CHI		
	Heart failure daily checks record - A5 booklet (TONGAN)	CAS015-TON		
	Heart failure daily checks record - A5 booklet (TE REO)	CAS015-TR		
	Heart failure daily checks record - A5 booklet (COOK ISLAND MĀORI)	CAS015-CI	**OUT OF STOCK**	
	Heart failure daily checks record - A5 booklet (HINDI)	CAS015-HIN		

	Heart failure daily checks record - A5 booklet (SAMOAN)	CAS015-SAM		

A5 COOKBOOKS	Name	Code	Quantity (free limit = 25) **Unit cost** (after free limit) **= $1.00**	Total Cost
	Cheap eats A5 cookbook	PRE002		
	Full O' beans A5 cookbook	PRE005		
	Pasifika tastes A5 cookbook	PRE013		

WALLET CARDS, PAMPHLETS, POSTCARDS, AND FOLDERS	Name	Code	Quantity (free limit = 50) **Unit cost** (after free limit) = $0.10	Total Cost
	I.C.E (emergency details) *Wallet card* - UPDATED	CAS017		
	Journeys (real stories) *Postcard*	CAS038		
	Infective Endocarditis *Wallet card*	CAS058	Free for the first 50 (then $0.10 each)	

POSTERS	Name and Size as shown below	Code		Quantity - free limit A1 x 5 free A2 & A3 x 10 free A4 x 25 free	Unit cost (after free limit)	Total Cost
	Healthy heart visual guide A1	PRE007		**DOWNLOAD ONLY**	FREE	
	Healthy heart visual food guide A3	PRE008		**DOWNLOAD ONLY**	FREE	

	Healthy heart food guide A4 Double sided version can now be found in other resources section	PRE009		**DOWNLOAD ONLY**	FREE	
	Healthy heart visual food guide A3 - **Cook Islands**	PRE008-CI			$1.00	
	Healthy heart food guide A4 - **Cook Islands**	PRE009-CI			$0.50	
	Healthy heart food guide A4 - **Hindi**	PRE009-HIN			$0.50	
	Healthy heart visual food guide A3 - Niuean	PRE008-NIU			$1.00	
	Healthy heart food guide A4 - **Niuean**	PRE009-NIU			$0.50	
	Healthy heart visual food guide A3 - **Samoan**	PRE008-SAM			$1.00	
	Healthy heart food guide A4 - **Samoan**	PRE009-SAM		**DOWNLOAD ONLY**	$0.50	
	Healthy heart food guide A4 - **Tongan**	PRE009-TON		**DOWNLOAD ONLY**	$0.50	
	Breakfast ideas - A4 poster	PRE021		**DOWNLOAD ONLY**	FREE	
	Which milk is best for me? - A4 poster - English	PRE023		**DOWNLOAD ONLY**		
	Which milk is best for me? A4 poster - Te Reo	PRE023-TR		**DOWNLOAD ONLY**		
	Mix and match snack ideas - Poster			**DOWNLOAD ONLY**	FREE	

OTHER RESOURCES	Name	Code	Quantity ALL COPIES NOW FREE	Unit cost	Total Cost
	Toi Te Kupu - He Papakupu Toiora *Dictionary of food, cooking, activity and health terms. Toi te Kupu covers a broad range of terms focused on encouraging healthy heart activity and nutrition. Both English to Māori and Maori to English translations.*	PRE018		**Now Free**	**Freight charge Applies**

OTHER RESOURCES	Name	Code		Unit cost	Total Cost
	Eating for a healthy heart *A5 booklet*	CAS013		Free for first 25, then $1.00 each	
	Healthy Celebrations *Early Learning Service resource with tips and recipes*	PRE006		$2.60	
	Heart failure resource Pack	CAS031		Free limit: 25 Then $1.75 per unit	
	Visual food guide and food portions - A4 flyer	PRE075		Free for first 25, then $0.50 each	