

Heart Foundation Resource Order Form

This order form contains items that can be ordered in hard copy. Please visit our [online resources](#) for access to digital copies of out-of-print items and free PDF versions.

Paying by credit card? We can only accept card payments on our website.

Order online now: www.heartfoundation.org.nz/resources

Important:




- To place your order, return your completed order form to one of the following options.
 - Email: shop@heartfoundation.org.nz
 - Post: Attn Resources, Heart Foundation, PO Box 17 160, Greenlane, Auckland 1546
- **Postage - \$10.50 PER CARTON (A4 sized box)** Nationwide to cover postage and packaging charge. Allow up to two weeks for delivery


Order online instead and get access to repeat orders

Create an account during the checkout process and log into your account any time to repeat previous orders. Simply select the cart symbol in your dashboard. Pay using Visa or Mastercard.

Order online now: www.heartfoundation.org.nz

Order History

Order#	Date	Total	
#1448	15/11/16	\$8.00	
#1350	07/11/16	\$13.00	
#1342	07/11/16	\$13.00	
#1338	04/11/16	\$13.00	



Please note: we can only accept credit card payments for [orders placed on our website](#).

<h2 style="margin: 0;">How to pay</h2> <p style="margin: 0; font-size: small;">To place your order, return your completed order form below by email: shop@heartfoundation.org.nz or by post: Attn Resources, Heart Foundation, PO Box 17 160, Greenlane, Auckland 1546</p>	
Sub-total (as per charging policy)	\$
Postage (Per carton, note that depending on your order you may require multiple cartons)	\$ 10.50 (per carton)
Your donation: The Heart Foundation is New Zealand's heart charity, leading the fight against our country's biggest killer – heart disease. We are committed to providing quality and accessible heart health information which is largely made available free of charge or at a nominal cost. Donations of any size towards the publishing of these resources would be greatly appreciated.	Yes! We would like to donate towards the ongoing development and supply of resources: \$
TOTAL	\$




Customer / Delivery Details			
Date of order		Customer Number : This is on the top right corner of your Invoices	
Contact name		Purchase or OrderReference	
Organisation name			
Billing Address		Shipping Address	
Street		Street	
Suburb		Suburb / Town	
Postcode		Postcode	
Contact details - must be included so we can contact you with order related issues			
Phone		Accounts Email Address to Email your Invoice to	


Payment options (payment must accompany all orders)	Select Option : Yes / No
Invoice: (please ensure 'customer / delivery details' section above is filled out) PLEASE PROVIDE YOUR ACCOUNTS EMAIL ADDRESS FOR US TO EMAIL YOUR INVOICE TO IF YOU NEED ONE	






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Blood pressure resources:



Blood pressure	Name	Code	Free quantity limits and costs thereafter	Total Cost
	Managing high blood pressure	CAS026	Free for the first 100 (then \$0.10 each)	
	Blood pressure - logbook	CAS052	Free for the first 100 (then \$2.25 each)	
	Measure your blood pressure at home - A4 pad (50)	CAS053	Free for the first 10 (then \$7.00 each)	







A5 PAMPHLETS	Name	Code	Quantity (Free limit = 50) Unit cost (after free limit) = \$0.10	Total Cost
	Angina	CAS005	Free for first 25 (then \$0.50 each)	
	Angina - CHINESE	CAS005-CHI		
	Angina - HINDI	CAS005-HIN		
	Angina - TE REO	CAS005-TR	OUT OF STOCK	
	Angina - SAMOAN	CAS005-SAM		
	Angina - TONGAN	CAS005-TON		
	Angina - KOREAN	CAS005-KOR	OUT OF STOCK	




	Managing high blood pressure - CHINESE	CAS026-CHI	OUT OF STOCK	
	Managing high blood pressure - HINDI	CAS026-HIN	OUT OF STOCK	
	Managing high blood pressure - KOREAN	CAS026-KOR	OUT OF STOCK	
	Blood pressure - TE REO	CAS006-TR	OUT OF STOCK	
	Blood pressure - SAMOAN	CAS006-SAM	OUT OF STOCK	
	Blood pressure - TONGAN	CAS006-TON	OUT OF STOCK	
	Cholesterol	CAS010		
	Cholesterol - CHINESE	CAS010-CHI		
	Cholesterol - HINDI	CAS010-HIN	OUT OF STOCK	
	Cholesterol - KOREAN	CAS010-KOR		
	Cholesterol - TE REO	CAS010-TR	OUT OF STOCK	
	Cholesterol - SAMOAN	CAS010-SAM		
	Cholesterol - TONGAN	CAS010-TON	OUT OF STOCK	
	Diabetes	CAS012		
	Diabetes - CHINESE	CAS012-CHI	OUT OF STOCK	
	Diabetes - KOREAN	CAS012-KOR		
	Diabetes - TE REO	CAS012-TR	OUT OF STOCK	
	Diabetes - SAMOAN	CAS012-SAM		
	Diabetes - TONGAN	CAS012-TON	OUT OF STOCK	
	Stop smoking	CAS034		
	Stop smoking - CHINESE	CAS034-CHI	OUT OF STOCK	
	Stop smoking - HINDI	CAS034-HIN		
	Stop smoking - KOREAN	CAS034-KOR		
	Stop smoking - TE REO	CAS034-TR	OUT OF STOCK	
	Stop smoking - SAMOAN	CAS034-SAM	OUT OF STOCK	
	Stop smoking - TONGAN	CAS034-TON	OUT OF STOCK	

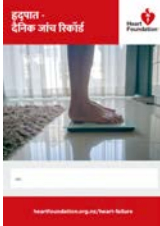
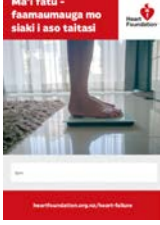
	You and your ICD	CAS036	OUT OF STOCK AND CURRENTLY UNDER REVIEW	
	You and your pacemaker	CAS037	Free for the first 25, then \$0.50 each	




EACH TEAR OFF PAD CONTAINS (50 SHEETS)	Name	Code	Quantity (free limit = 1) Unit cost (after free limit) = \$1.00	Total Cost
	Journeys (real stories) A5	CAS038		
	Mutton flaps food skills card A4 - English	44225742	OUT OF STOCK AND CURRENTLY UNDER REVIEW	
	Simple steps for heart healthy eating - A5 pad (50)	PRE010		
	Simple steps for heart healthy eating (Te reo Māori) - A5 pad (50)	PRE010-TR		
	Pisupo food skills card A4 - English	44225743	OUT OF STOCK AND CURRENTLY UNDER REVIEW	
	Povi food skills card A4 - English	PRE015	OUT OF STOCK AND CURRENTLY UNDER REVIEW	





	Heart failure action plan - A4 pad (50)	CAS016	Free limit: 1 Unit cost after free limit: \$7.00	
	Supporting your heart journey - A4 Pad (50)	CAS056	Free for first 1 (then \$7.00 each)	

A5 BOOKLETS	Name	Code	Quantity (free limit = 25) Unit cost (after free limit) = \$0.50	Total Cost
Note: 'Eating for a healthy heart' has a different costing system, and can be ordered from the table 'Other resources' (below).				
	A guide to coronary angiography and angioplasty	CAS001		
	A guide to coronary artery bypass graft surgery	CAS002		
	Living well after a heart attack	CAS024		
	Lowering your risk of heart attack and stroke	CAS025		
	Rheumatic fever and rheumatic heart disease	CAS028	OUT OF STOCK AND CURRENTLY UNDER REVIEW	
	Staying well with atrial fibrillation	CAS029		



	Staying well with heart failure	CAS030		
	Staying well with heart valve disease	CAS032		
	Supporting someone with heart failure A5 booklet	CAS035		
	Heart failure daily checks record - A5 booklet	CAS015		
	Heart failure daily checks record - A5 booklet (CHINESE)	CAS015-CHI		
	Heart failure daily checks record - A5 booklet (TONGAN)	CAS015-TON		
	Heart failure daily checks record - A5 booklet (TE REO)	CAS015-TR		
	Heart failure daily checks record - A5 booklet (COOK ISLAND MĀORI)	CAS015-CI	OUT OF STOCK	


	Heart failure daily checks record - A5 booklet (HINDI)	CAS015-HIN		
	Heart failure daily checks record - A5 booklet (SAMOAN)	CAS015-SAM		





A5 COOKBOOKS	Name	Code	Quantity (free limit = 25) Unit cost (after free limit) = \$1.00	Total Cost
	Cheap eats A5 cookbook	PRE002		
	Full O' beans A5 cookbook	PRE005		
	Pasifika tastes A5 cookbook	PRE013		

WALLET CARDS, PAMPHLETS, POSTCARDS, AND FOLDERS	Name	Code	Quantity (free limit = 50) Unit cost (after free limit) = \$0.10	Total Cost
	I.C.E (emergency details) Wallet card - UPDATED	CAS017		
	Journeys (real stories) Postcard	CAS018		
	Journeys (real stories) Postcard	CAS038		
	Infective Endocarditis Wallet card	CAS058	Free for the first 50 (then \$0.10 each)	

POSTERS	Name and Size as shown below	Code		Quantity - free limit A1 x 5 free A2 & A3 x 10 free A4 x 25 free	Unit cost (after free limit)	Total Cost
	Healthy heart visual guide A1	PRE007		DOWNLOAD ONLY	FREE	
	Healthy heart visual food guide A3	PRE008		DOWNLOAD ONLY	FREE	
	Healthy heart food guide A4 Double sided version can now be found in other resources section	PRE009		DOWNLOAD ONLY	FREE	
	Healthy heart visual food guide A3 - Cook Islands	PRE008-CI			\$1.00	
	Healthy heart food guide A4 - Cook Islands	PRE009-CI			\$0.50	
	Healthy heart food guide A4 - Hindi	PRE009-HI N			\$0.50	
	Healthy heart visual food guide A3 - Niuean	PRE008-NI U			\$1.00	
	Healthy heart food guide A4 - Niuean	PRE009-NI U			\$0.50	
	Healthy heart visual food guide A3 - Samoan	PRE008-SA M			\$1.00	
	Healthy heart food guide A4 - Samoan	PRE009-SA M		DOWNLOAD ONLY	\$0.50	
	Healthy heart food guide A4 - Tongan	PRE009-TO N		DOWNLOAD ONLY	\$0.50	
	Journey's (real stories) female A3	CAS020			\$1.00	
	Journey's (real stories) female A4	CAS021			\$0.50	
	Journey's (real stories) male A3	CAS022			\$1.00	
	Journey's (real stories) male A4	CAS023			\$0.50	
	Journey's promotional - A5 pad	CAS019			Free for first 1 (then \$1.00 each)	
	Breakfast ideas - A4 poster	PRE021		DOWNLOAD ONLY	FREE	

	Which milk is best for me? - A4 poster - English	PRE023		DOWNLOAD ONLY		
	Which milk is best for me? A4 poster - Te Reo	PRE023-TR		DOWNLOAD ONLY		
	Mix and match snack ideas - Poster			DOWNLOAD ONLY	FREE	

OTHER RESOURCES	Name	Code	Quantity ALL COPIES NOW FREE	Unit cost	Total Cost
	Toi Te Kupu - He Papakupu Toiora <i>Dictionary of food, cooking, activity and health terms. Toi te Kupu covers a broad range of terms focused on encouraging healthy heart activity and nutrition. Both English to Māori and Maori to English translations.</i>	PRE018		Now Free	Freight charge Applies

OTHER RESOURCES	Name	Code	Quantity	Unit cost	Total Cost
	Eating for a healthy heart <i>A5 booklet</i>	CAS013		Free for first 25, then \$1.00 each	
	Healthy Celebrations <i>Early Learning Service resource with tips and recipes</i>	PRE006		\$2.60	
	Heart failure resource Pack	CAS031		Free limit: 25 Then \$1.75 per unit	
	Visual food guide and food portions - A4 flyer	PRE075		Free for first 25, then \$0.50 each	