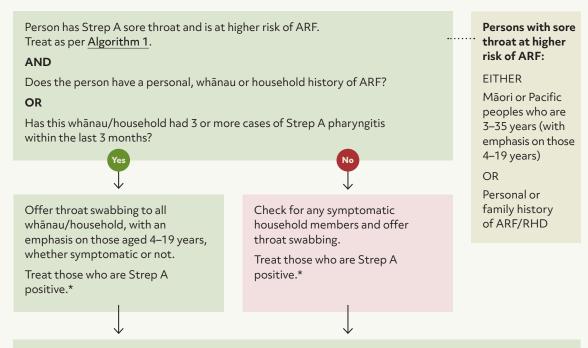
## **Algorithm 2:** Guide for whānau/household Strep A sore throat management in populations at high risk of ARF



## If one or more household members are Strep A positive:

- Use a health literacy approach:
  - Ask what the whānau understands about treating sore throats to prevent rheumatic fever.
  - Fill in any gaps in understanding.
  - Help them solve problems so they can complete their treatment.
  - Discuss the importance of basic hygiene practices (hand washing, sneeze/cough into elbow or a tissue).
- Assess and treat any skin infections and treat as per local HealthPathways.
- Swabbing at end of treatment is not recommended except for recurrent Strep A cases as per Algorithm 3.
- Discuss referral to Healthy Homes Initiative if relevant (see <u>Healthy Homes Initiative Health</u> <u>New Zealand | Te Whatu Ora</u> for local contact information) and/or offer advice on keeping home warm and dry (see <u>Healthy Homes Health New Zealand | Te Whatu Ora</u>).
- \* If any household contact has had three or more Strep A infections in three months, follow Algorithm 3 for treatment.